

Massachusetts State Track Coaches Association

***Winter Festival Track Meet***

**Large Schools (Div. I & II) – Saturday, Dec. 15, 2012 at 9:30 AM**

**Small Schools (Div. III & IV) – Sunday, Dec. 16, 2012 at 9:30 AM**

**Bob McIntyre Track at Reggie Lewis Track and Athletic Center, Roxbury, Mass.**

Hosted by: Seekonk H.S.  
Event Manager: Frank Mooney

Sanctioned by: M.I.A.A.  
Numbers donated by: **Marathon Sports**

These meets are part of the developmental series sponsored by the Mass. State Track Coaches Assn. with the basic objective of enhancing track and field for the youth of Massachusetts. The meets have been designed to give your athletes a chance for quality performances early in the season.

This year the MSTCA is supporting “Christmas in the City,” Boston’s largest charity event to benefit homeless families. Please ask your athletes to bring to this meet a NEW, UNWRAPPED TOY suitable for children 3 to 16 years old. There will be volunteer workers to greet you in the gym when you arrive and bins for the toys. For more information regarding this event please visit: [www.Christmasinthecity.org](http://www.Christmasinthecity.org) and watch the ABC World News segment, it will warm your heart! Please help us make this a huge success!

**EVENTS**

55 meter Hurdles  
55 meter Dash  
300 meter Dash  
600 meter Run  
1,000 meter Run

One Mile Run  
Two Mile Run  
High Jump  
Long Jump  
Shot Put

4 x 200m Relay  
4 x 400m Relay  
4 x 800 m Relay

**Meet Information**

1. M.I.A.A. rules will be in effect. Uniform and jewelry rules will be enforced.
2. An athlete must follow the MIAA rule on participation (2 running and 1 field events or 1 running and 2 field events). A team may enter only one relay team in a relay event. There will be no awards at this meet.
3. **DEADLINE: ON-LINE ENTRIES MUST BE COMPLETED BY TUESDAY, December 11, 2012, MIDNIGHT.** The entry processing will close down at this time. No entries after the closing time/date.
4. You **MUST** enter on-line using [www.DirectAthletics.com](http://www.DirectAthletics.com). Please go to the MSTCA web site, read and follow the instructions for the entry process for the meet.
5. **ENTRY FEES:** \$5.00 per athlete per event, \$15.00 per relay team. Maximum fee per single-sex team is \$200.00. Entry fees are non-refundable.

**If you enter athletes into this meet, your school is responsible for payment of the entry fees, even if they do not compete. If your school uses the Single Payment option, you complete the entry process, come to the meet and pick up your packet. Instructions for this method of payment are on the MSTCA web site.**

**Payments** in the form of a check or purchase order, payable to the MSTCA, should be mailed as soon as possible to:

**MSTCA  
c/o Elaine Mooney  
60 Cynthia Street  
Seekonk, MA 02771**

**If payment is not received before meet day, you may bring payment to the meet, but you must notify the meet director of your plan to do so. If payment is not received, your team will not be allowed to participate.**

**LATE FEE:** There is a late fee policy for MSTCA meets. If you miss the Tuesday deadline, and still want to compete, **you will have to contact the meet director** (Direct Athletics will be closed). **He is the only one to deal with this issue.** The fee structure will be \$50 per person or relay on Wednesday before 10:00 p.m.; it goes up to \$100 per person or relay on Thursday. **No entries will be accepted after Thursday at 6:00 p.m.** Schools that enter late entrants must come to the meet with a check or Purchase Order for the complete fee plus late fee, to hand to the meet director or they will not be allowed to compete.

6. Meet Director: John J. Carroll, Jr.  
Phone: 508-548-7123 (home) or 508-737-7874 (cell) – E-mail: trackjc@hotmail.com
7. ONLY 1/4" or 1/8" PYRAMID or CHRISTMAS TREE spikes are allowed at Reggie Lewis Center. **If athletes are caught using the wrong style or size spikes, they will be disqualified and banned from further competition in the meet.** Spikes will be sold in the gym, if needed. Spikes may only be worn in the track area, not in the gym or other areas.
8. If you wish to obtain a **"Team Performance Sheet"** from this meet, which you will need for State Meet certification, please bring a **self-addressed, stamped** No. 10 envelope and \$1.00 and leave it at the computer table. If you don't bring one, envelopes will be available for purchase at the meet for \$2.00. You will receive the team performance sheet within a week after the meet. This is the best way to get your certifications for the State Meet.
9. If you do not have a seed time for an athlete, don't guess, do NOT put one down.
10. Results will be posted on the State Coaches web-site: [www.mstca.org](http://www.mstca.org).

**A LIST OF SCHOOLS ENTERED IN THE MEET WILL BE POSTED ON THE MSTCA WEB SITE BY FRIDAY, Dec. 14. Only schools on this list will be allowed to compete in the meet.**

## **REGGIE LEWIS PARKING SPACE LOSS**

Due to construction, there has been a loss of parking spaces behind the building at Reggie Lewis. Additional Parking is available for patrons attending track events at the Reggie Lewis Center on a first-come-space-available basis in Parking Lot 2 on weekdays and Lots 2 & 3 on weekends. Both lots are located less than 1/4 mile from the Reggie Lewis Center, along Columbus Ave. at the corner of New Heath Street (Lot 2) and Centre Street (Lot 3). Please give this information to your athletes and their parents.



## **2012-2013 Single Waiver Form for MSTCA Winter Meets**

This form is required for participation of your team in any of the MSTCA meets during the 2012-2013 indoor season. You must submit this form, along with your team roster, by December 14, if your team will participate in any of the winter season meets. It is an insurance/liability requirement. The form needs to be sent only once, but the roster can be updated any time after its initial submission. If you do not send this waiver form with your roster, your team will not be allowed to compete.

### **This is NOT an entry form to any of the meets.**

Each meet has its own set of instructions published on this web site. Except for the Relay meets and the Team Pentathlon, you also must go to [www.DirectAthletics.com](http://www.DirectAthletics.com) first to register your team and then enter your team for each meet.

**Winter Festival** – enter on Direct Athletics

**Holiday Challenge** – enter on Direct Athletics

**Holiday Qualifier**– enter on Direct Athletics

**Auerbach Freshman/Sophomore Meet**– enter on Direct Athletics

**Kalperis Relays** – paper entry to be mailed. Downloadable instructions and entry form on the MSTCA web site.

**Coaches Invitational/Elite Meet**– enter on Direct Athletics

**Team Pentathlon**– paper entry to be mailed. Downloadable instructions and entry form on the MSTCA web site.

**Last Chance Qualifier**– enter on Direct Athletics

**Individual Pentathlon**– enter on Direct Athletics

I attest that all the athletes that will be participating in any MSTCA meets from our school, found on the attached roster, are student-athletes in good standing in our high school and are bona fide members of our team. Our school district recognizes that there are certain risks associated with participation in this sport and waives, releases, and holds harmless the MSTCA organization, its officers, sponsors, and representatives, as well as the host facility or community, from any injury that may be incurred by an athlete in the normal course of participation in these MSTCA events.

School Name \_\_\_\_\_ Boys Team \_\_\_ Girls Team \_\_\_ Both \_\_\_

Principal's or AD's Signature \_\_\_\_\_ Date \_\_\_\_\_

AD's Email \_\_\_\_\_ School Phone # \_\_\_\_\_

Cell Phone# \_\_\_\_\_

**As a coach, I understand that I am responsible for entering athletes in the MSTCA meets who have met the standards listed on the various entry forms. I understand that there may be serious consequences if my athletes do not meet the standards, impacting entry of my team in future MSTCA meets.**

Coach's Name (print) \_\_\_\_\_ (sign) \_\_\_\_\_

Coach's Cell Phone# \_\_\_\_\_

Coach's Email \_\_\_\_\_

Please **attach your winter roster** and mail before Dec 14, 2012 to:

**Jim Hoar, 31 Champion Road, Yarmouth Port, MA 02675**

E-mail: [hoarj@dy-regional.k12.ma.us](mailto:hoarj@dy-regional.k12.ma.us)

Fax #: 508-398-7635